

David's Life

Fought in war (17, 29-30)

On the run, in hiding for his life as King Saul attempts to kill him (18-31)

Family captured (30)

Battle of Loyalty (3)

Murder, Devastation, Weeping (3)

Military Victories (8-10)

2 Samuel 11-12

Psalm 51

- Must face where we have fallen short.
- Must not rationalize.
- Must face the past – not to wallow rather to reclaim.
- Must face the truth.
- Must face all of the past.
- Requires humility.

Resources

*Mending the Soul, "Understanding and healing abuse" Steven R. Tracy

** "Overcoming the Dark Side of Leadership." Gary L. McIntosh & Samuel D. Rima

Facing Your Soul

1. What events from your past still come to mind after all these years? Briefly list them.
2. Describe in one or two-word statements how you felt or feel about each incident.
3. Reflect on each one listen by answering the following questions.
 - A. What really happened?
 - B. Why did it happen?
 - C. What did it do to me?
 - D. What did it mean to me at the time?
 - E. What unmet need did it leave in my life?
 - F. How has this experience surfaced in my adult life?
 - G. Where do I see it in my life today?
4. Based on your rethinking of each experience, what is God leading you to do today?
 - A. Is there someone you need to talk to?
 - B. Is there a letter you need to write?
 - C. Is there a phone call you need to make?
 - D. Is there a person, group, or organization you need to forgive?
 - E. Do you need to reach out and pray with someone?
 - F. Is there a prayer you need to offer to God?
5. What are your next steps?