



DEEPER



3 Weeks of Prayer and Fasting

Let's Go Deeper

We are so excited that you are joining us for this life changing three weeks of prayer and fasting. God is going to transform your soul and the souls of many during this time as we go "DEEPER." As we go deeper be ready for things in your life to change and for your life to be more aligned with the Kingdom of God. As we go deeper there is one goal: TO HAVE MORE OF GOD

To be serious about prayer and fasting it is beneficial to have a plan. Below is an opportunity to journal your opportunities to pray and fast:

I am going to fast on _____ (day of the week) from _____. I am also going to fast from _____ over the next three weeks.

I am going to pray with the church:

Thursday's 6 AM ___ Breakthrough and Healing

Friday's 12 PM ___ Worship and Prayer

Sunday's 8:45 PM ___ Sunday Morning Service

What am I praying for that God does in my life:

What am I praying for God does in the life of others:

What am I praying for the life of Rome Alliance Church:

How has God spoken to me during these three weeks?

Please use the feedback forum in the sanctuary, send Pastor Bryce an email Bryce@romealliancechurch.org, use a connect card or use #DEEPERRAC on Facebook to share with others what God is doing in your life, the life of others and our church. All feedback unless noted will be posted on our feedback forum wall in the sanctuary.

Week 1

Week 1 Jan 7- Jan 13

1. Review the sermon text from Sunday's message, Matthew 6:1-18 (NIV) & Mark 9:14-29 (NKJV).

Is there anything new the Holy Spirit brought to your attention?

What role should fasting play into your life as a disciple of Jesus?

Is there something in your life that hasn't been possible because you haven't taken it to Jesus through fasting AND prayer?

How often do you fast?

Could you be missing your greatest breakthroughs in life because you fail to fast?

2. When you eliminate food from your diet for a period of time your spirit becomes uncluttered by the things of this world and amazingly sensitive to the things of God. Read Psalms 42 & 43, many early manuscripts have this as one Psalm. David was fasting during the time that these were written. As a result David hungered for God more than He hungered for earthly things including food.

Where in these Psalms does it show David longing for God?

What things was David bringing before the Lord through fasting, prayer, and worship?

Pray today that your hunger for God would be greater than anything else in your life. Ask for your heart to be sensitive to the things of God! Items that weigh heavy on your heart and mind bring them before the Lord like David did!

Week 1

Challenge: In the space below write your own Psalm. What do you want your fasting to look like? How do you want your hunger for God to grow? What things you are bringing before the Lord?

3. Read Isaiah 58.

When we fast what type of fasting is the Lord looking for?

Is there a right or wrong way to fast?

When we fast what happens to us?

What did God speak over you through this text?

***When you do your full day fast read Isaiah 58 at some point during the day. For those who are fasting from food all day read Isaiah 58 as your lunch.*

What did God say to you this week?

Week 2

Week 2 Jan 14-20

This past Sunday was an exciting day experiencing what God has done through our prayer goals in 2017. Let's continue to pray that God will do only the things God can do in 2018. Every day this week as a church we will lift up a prayer Goal together. The encouragement is to do this individually and as a family unit.

Day 1: Salvations and Baptisms- We are praying and fasting that we would see an increase in salvations and baptisms in 2018.

Day 2: Celebrated Transformations- Pray that you have radical transformation in your soul this year. Pray that others in our church and world around experience transformation. We want to continue to celebrate changed lives in 2018!

Day 3: Growth- Pray that our church grows by 20% in 2018! Pray what role you and your family must take on as we REACH people to bring them into God's Kingdom and by REACHING them see our church grow.

Day 4: Celebrated Opportunities- Pray that you have many opportunities to share the Gospel in 2018. Pray that you and your family have situations that only God can do to REACH lost people. Lost people matter to God and He wants them found. We want to celebrate opportunities we have in 2018 to share the Gospel.

Week 2

Day 5: Water the World- Pray for the NATIONS. Pray for countries like Bosnia as there are few Christians. Pray that the Gospel would be spread to all the people groups. Pray that our International Workers REACH lost people and disciple new believers.

Day 6: Restored Relationships- Pray for people you need to forgive. Pray that others restore broken and damaged relationships. Pray that God's will be done in the lives of many who need restoration. Pray that God heals the souls of many who are hurting from abuse, anger, and betrayal.

Day 7: Finances- Pray that we would not only meet our budget but have increase in our giving to continue to reach and go beyond to continue to REACH and disciple!

***Choose another time during the week to practice silence. Read Psalm 46:10, Revelation 8:1 and Mark 1:35. Take time this week to practice silence before the Lord. Try 15-30 minutes of silence, just sit silent before the Lord and let Him minister to you!*

What did God say to you this week?

Week 3

Week 3 Jan 21-27

1. Review sermon text from Jan 21 (Luke 11:1-13).

Do you like the concept of prayer more than you actually like to pray?

Are you dependent on prayer or dependent on yourself?

What is something you are praying for that you need to have shameless persistence?

What is something you can be praying for with an attitude of shameless persistence for our church?

If the Lord would just touch one area of your life what would it be? What would change? Just ask with shameless persistence!

2. Read 2 Corinthians 10:1-6 The word strongholds is found once in the New Testament, used metaphorically by Paul in a description of the Christian's spiritual battle. A stronghold is an incorrect thinking pattern that has molded itself into our way of thinking. These strongholds have the capability to affect our feelings, how we respond to various situations in life, and they play a large role in our spiritual freedom. A stronghold is a defensive structure: Psalms 9:9 "The LORD is a refuge for the oppressed, a stronghold in times of trouble." *misgav*; properly, a cliff (or other lofty or inaccessible place); figuratively, a refuge:-- defense, high fort (tower), refuge. A demonic stronghold is a fortress the enemy has taken over in our own soul/thought life.

Week 3

What strongholds need to come down in your life?

What strongholds need to come down in the life other people?

As you pray, pray to tear down strongholds in your life, the life of your city, neighborhoods, family members, and church. Tear down every stronghold and make it obedient to Christ. Tear down the strongholds of addiction, depression, anger, hopeless, pornography, apathy towards Christ, and unforgiveness.

The best weapons to fight are found in Ephesians 6:10-20

3. As we finish our 3 weeks of prayer and fasting what has changed in your life? What has God done? How will this affect the way you live from here on out? What new patterns will you live out?

Read Revelation 21:1-7. "Behold I make all things new." The New in this text is present tense. It is ongoing; as we live life we make things new as Christians. What new thing does God want you to do because of this time of prayer and fasting? What is something new He did that you are going to continue?

Where do you go from here?